

A Little Info On Your Coaches:

Nathan Martin: Master Trainer, Poliquin Strength & Conditioning Coach, BioSignature Practitioner, Fitness Model, Body Transformation Specialist and founder of The Gorilla Pit, Nathan is known as one of the leading personal trainers in Australia.

Nathan is the coach other personal trainers invest in to get them results. His methods of training have helped countless people across Australia achieve their dream physique.



Corey Clare: Master Trainer, ASCA Strength and Conditioning Coach, Natural Bodybuilder, Body Transformation Specialist and PT manager of The Gorilla Pit.

Corey's experience and knowledge of body composition is second to none. From helping 'The Biggest Loser' contestants win their competition to transforming everyday people to compete in figure and bodybuilding shows, Corey is known for rapid transformations.

His goal for you is to consistently deliver a quality of service that inspires, educates, motivates you and ultimately gets you some killer results.

